



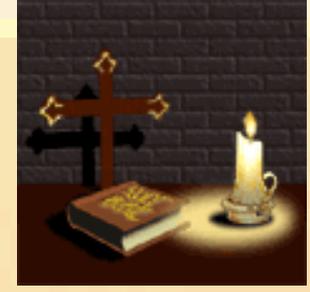
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MAHDERE-SEBEHAT LEDETA LEMARIAM  
ETHIOPIAN ORTHODOX  
TEWAHEDO CHURCH



**Lessons are prepared by Ledeta LeMariam  
Sunday School  
Alexandria, Virginia**

In the name of the  
Father, and the Son, and  
the Holy Spirit, one God.  
Amen.



Begin with the Lord's prayer

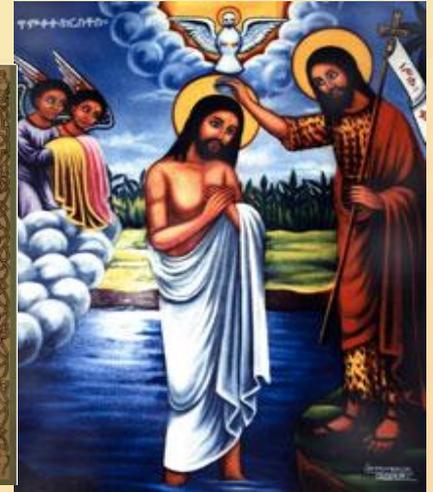
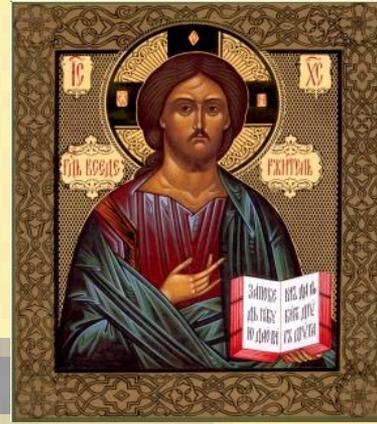
Our Lord and Savior, our King and God, we thank you for gathering us here to stand before you to call on your Holy Name.

Heavenly Father, teach us to trust You in everything we do.

Our God open our eyes, ears, hearts and minds to Your Word today.

Bless all the children and keep them safe. Hear us when we humbly and thankfully pray to you.

Our Father, who art in heaven  
Hallowed be thy name,  
Thy kingdom come,  
Thy will be done  
On earth as it is in heaven  
Give us this day our daily bread  
And forgive us our trespasses  
As we forgive those who trespass against us  
And lead us not into temptation  
But deliver us from the evil one  
For thine is the kingdom, the power, and the  
Glory. Forever, Amen.



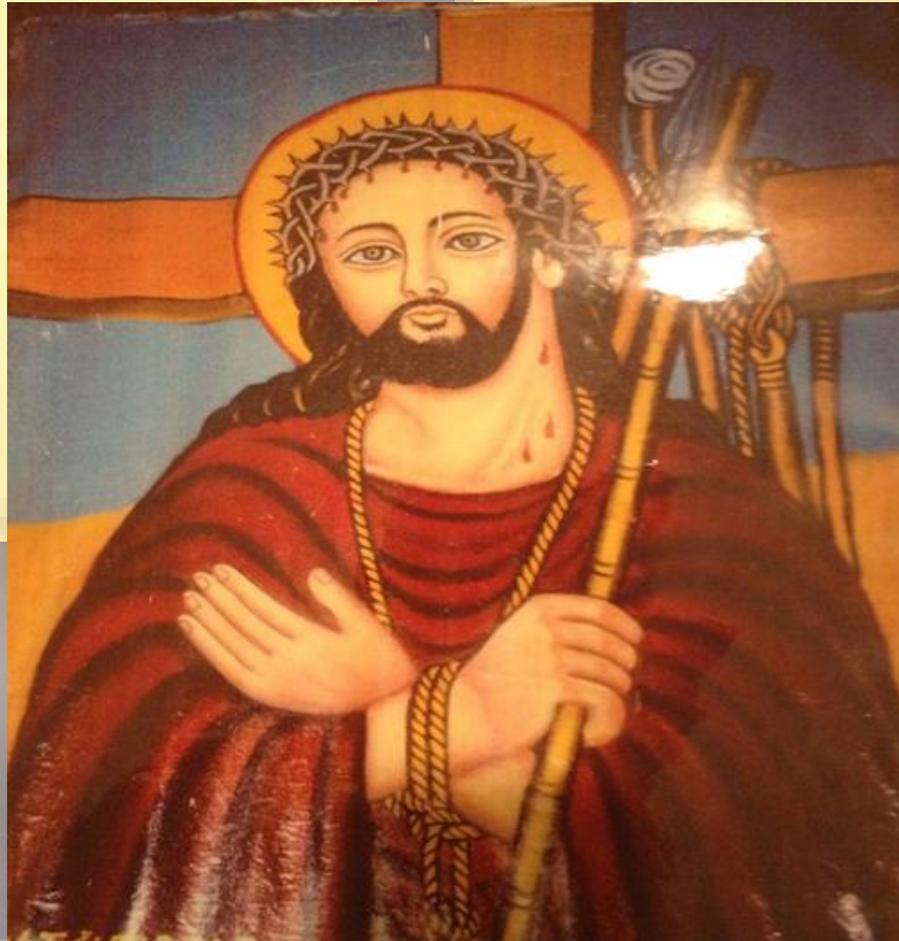
O our Lady, as St. Gabriel greeted you, “Hail Mary, full of grace, the Lord is with you.” True Virgin in conscience as well as body, blessed are you among women and blessed is the fruit of your womb.

Holy Mary, the God-bearer, pray that your beloved Son, Jesus Christ, may forgive us our sins. Amen.



**Say The Jesus Prayer 3 times**

**Lord Jesus Christ, Son of God,  
have mercy on me, a sinner.**



# Review

1. What did Abraham want from the oldest servant?
2. Can Isaac go back to get a wife?
3. Why did Abraham not want Isaac to go back?
4. What did the servant do before he chose a wife? Who did he ask for help? How?
5. How did he find the wife? What was her name?
6. How did he know she was the right one for Isaac?
7. What did the servant give Rebekah as a present?
8. What did the servant do at Rebekah's house?
9. Why did the servant choose the sign of drawing water for camels?  
(Because Only a kind, polite and respectful person would freely offer to draw water for ten camels as well as for their owner.)

# MEMORY VERSE

**Can anyone tell me  
last week's  
memory verse???**

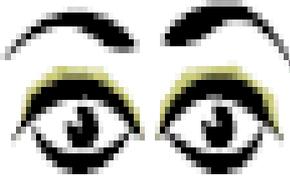
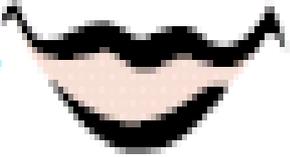
# Recite Last week's memory verse

- "In God I have put my trust; I will not fear."

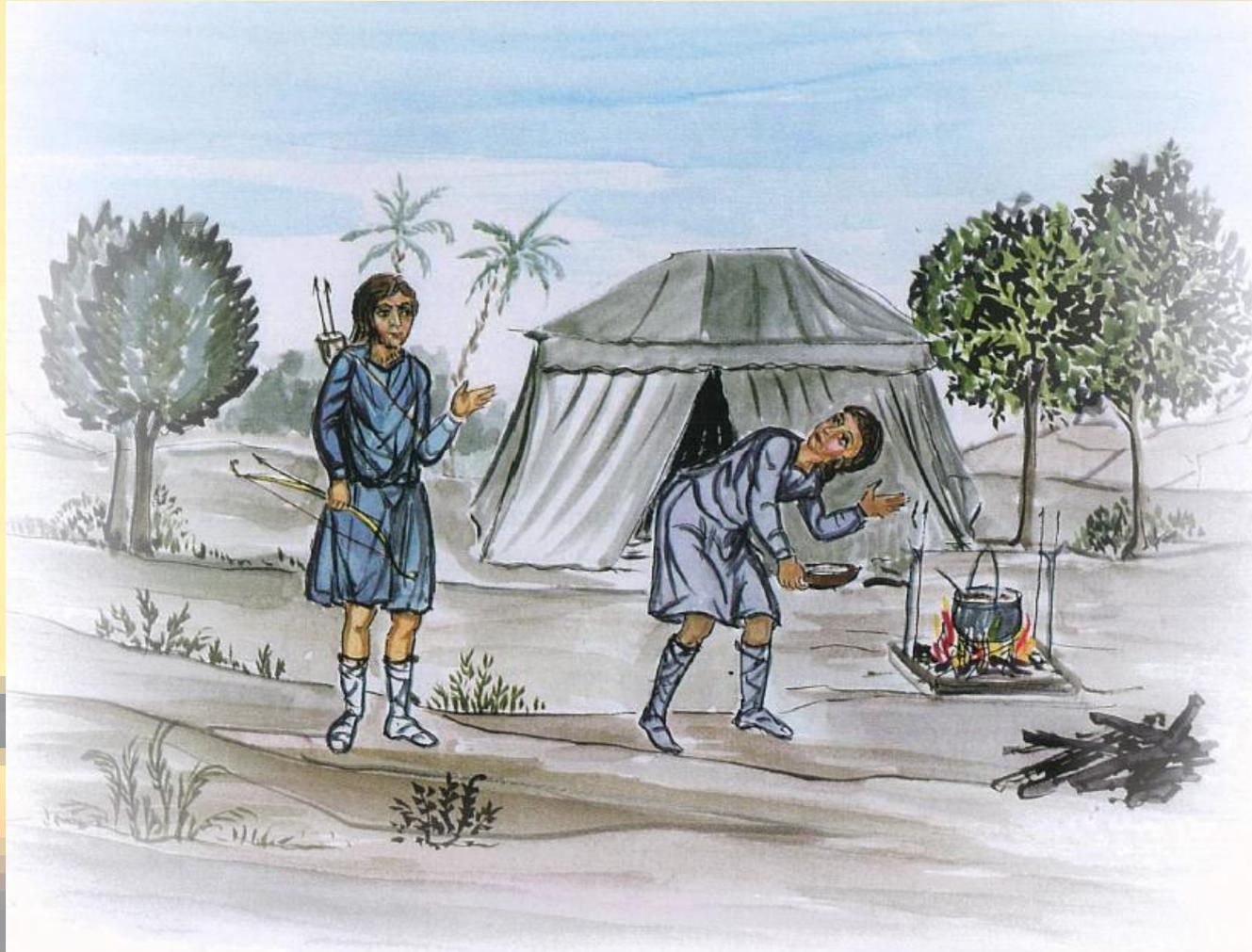
(Psalm 56:4)



# Class Covenant

I will keep my  on my teacher,  
my  in control,  
my s on God's Word;  
knowing God is my goal.

# Esau and Jacob



March 03, 2013

# Memory Verse

“Lie not to one another” (Colossians 3:9)



# Objective

To learn and understand the story of Jacob and Esau.

Abraham's son, Isaac, grew up and married a woman named Rebekah. When it came time, Rebekah had twins. The first baby was reddish in color. He was very hairy too. They named him Esau (E-saw). The second baby was born holding onto Esau's foot. So they named him Jacob (which means grabber or deceiver).



Esau loved to hunt and work outside in the fields.



Jacob stayed inside the tents and cooked.



One day Esau came into the tent. He was very hungry. Jacob was cooking a delicious vegetable soup.



Jacob decided to do something sneaky. He told Esau that he could have some soup if he gave him his rights as the firstborn son. Esau was so hungry that he did it!



Years later their dad, Isaac, was very old. It was the custom to “bless” the oldest child before the father died. So, Isaac called Esau and asked him to prepare a special meal. Their mom, Rebekah, was listening in the other room. She thought to herself, “I have a plan. I must find Jacob.”?



So Esau went off into the fields to find an animal and prepare a meal. Rebekah rushed to Jacob and gave him some special instructions so that he could get the blessing instead of Esau. Rebekah was going to deceive Isaac. That means she was going to trick him.



They quickly cooked the meal for Isaac. Jacob told Rebekah that he couldn't fool his dad because Esau was very hairy and he wasn't. Rebekah had an idea. She told him to put on his brother's clothes and put a piece of goat skin on Jacob's arms and chest because goat's hair was long, like his brother's hair.



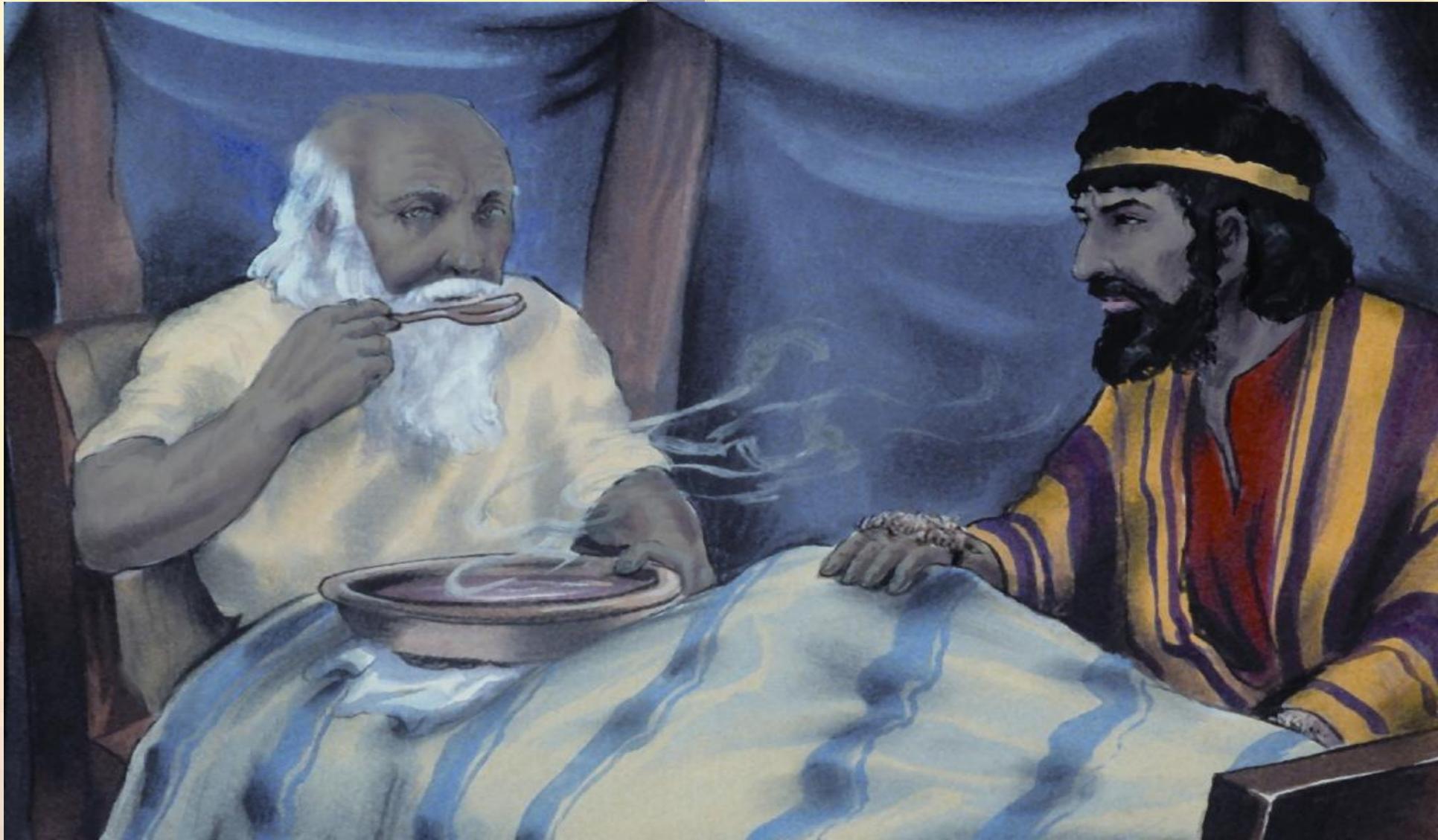
Jacob went into his father. His father was almost blind so he couldn't tell if it was Jacob or Esau. When he listened, he thought that it was Jacob so he asked him to come close.



He felt his hands (which were covered with goat hair) and smelled his clothes (which were Esau's clothes) so he thought that it was Esau. Jacob fooled his father.



Isaac ate the tasty food.



Then, Isaac blessed Jacob—thinking it was Esau. Ask your father and mother to bless you every night. We should also ask Abba to bless us whenever we see him. The blessing comes from God through our parents and the priest in the church.



Just as Isaac finished blessing him, Esau walked in. He was so upset! blessing was so important for a child. It showed how special they were and that their family loved them very much. It was so crushing that Jacob stole Esau's blessing. And remember—Jacob also stole Esau's birthright.



Esau was very mad. In fact he was plotting to hurt Jacob. Rebekah heard what was going on and told Jacob to leave and live with his uncle Laban.



Isaac agreed that Jacob should leave. So Jacob left for his uncle's house.



That night, Jacob stopped to sleep with a stone for a pillow. Perhaps he was lonely, perhaps afraid. But he was not alone.



That night, he had a dream; he saw a ladder standing on the ground with its top reaching heaven. God's angels were climbing up and down the ladder. God stood at the top. The Lord spoke; *"I am the Lord God of your fathers, Abraham and Isaac. This land shall be given to you, and to your children."* *By your family all the families of the earth shall be blessed.*



The ladder that reached to heaven speaks (is symbol) of the Mother of God – Saint Mary and of the Son of God-Jesus Christ born of her. When she conceived the Lord in her womb; the Lord rose on the cross, opened heaven and joined the heavenly and the earthly into one. She connects heaven and earth through Him for our salvation.



Jacob was frightened when he woke up and said, “truly the Lord abides in this place! Here is the gate of heaven! When I return this place will be dedicated to the worship of the Lord. He name the place Bethel, which means ‘the house of God.’ Jacob built an altar and worshipped the Lord.



# Conclusion

We need to always look and seek our blessings.

We get blessed by our parents so we should ask them to bless us all the time.

We also receive our blessings by coming to Church regularly.

# Movie Clip

Show a short movie clip about the story, if available.



# Questions

1. Who was the one with a lot of hair?
2. Who grabbed the heel when they were born?
3. What is the meaning of the name Jacob?
4. Who was a skillful hunter?
5. Who asked to sell him his birthright?
6. Why did Isaac blessed Jacob instead of Esau?
7. Why did Jacob leave home after he stole Esau's blessings?
8. What kind of dream did Jacob see on the road to his uncle's house?
9. What does the ladder symbolize?

The End

# Next Week

We will learn about  
Jacob marries Rachel.



## 3 things we all can do to strengthen our relationship with God

1. Read the Holy Bible daily preferably when we get up in the morning. 5 minutes to start.
2. Take Holy Communion regularly.
3. Remember God throughout the day. We can repeat short prayer such as “Lord Jesus Christ have mercy on me.”

# JESUS CHRIST

- “For there is no other name under heaven given among men by which we must be saved” (Acts 4:12)



Any question?

Close with prayer.

